

JANUARY 2012

***Please call our Peer Advocates if you need a ride, ask front desk and they will forward your calls to the appropriate persons.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6 Nutrition Kathy, NP Aurora 4-6
9	10	11	12	13 Game Night Aurora 4-6
16	17	18	19	20 Prairie Legal Aurora 4-6 at Clinic
23 Elgin: Health & Wellness Group 4-5pm	24 Aurora: Health & Wellness Grp 4-530pm	25 Elgin-Positive Therapy Group 11-1230pm	26 Aurora-Women's Group 330-5pm	27 Let's talk about sex: The Nitty Gritty of fun safe sex Aurora & Elgin together 4-6 *1 st Congregational Church in Geneva ~ Mary Hodges
30 Elgin: Health & Wellness Group 4-5pm	31 Aurora: Health & Wellness Grp 4-530pm		QUESTIONS: Aurora: 630.264.1819 ext 11 Elgin: 847.695.1093 ext 13	

4TH Friday each month will be the Aurora and Elgin groups united meeting at 1st Congregational Church in Geneva, 321 Hamilton Road, Hamilton is off of Rt 31 and State Street (go east), in the Mayflower Room – call clinic if you have questions

Health & Wellness Group: For anyone who has had problems with substance abuse, thinks they may have a problem with substance abuse or has been impacted by another's person's substance abuse problems.

Wednesday Positive Group: Group to talk about challenges associated with mental health and mental health.

Friday Positive Group: Education Group.


Women's Group: Group for women learned to cope with challenges associated with mental health.

FEBRUARY 2012

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Elgin-Positive Therapy Group 11-1230	2	3 Aurora: Drug Rep:Ernie HIV Education Night at Clinic, 4-6pm
6 Elgin: Health & Wellness Group 11-1230	7 Aurora: Health & Wellness 4-530pm	8 Elgin-Positive Therapy Group 11-1230	9 Aurora-Women's Group 330-5pm	10 Prairie Legal: Living Wills, Wills and Power of Attorney Aurora Clinic 4-6
13	14 Aurora: Health & Wellness 4-530pm	15 Elgin-Positive Therapy Group 11-1230	16	17 Aurora 4-6pm Let's Talk About Sex: Free to have a sex life after HIV~David Roesler At Clinic
20 Elgin: Health & Wellness 11-1230	21 Aurora: Health & Wellness 4-530pm	22 Elgin-Positive Therapy Group 11-1230	23 Aurora-Women's Group 330-5pm	24 Elgin & Aurora United Group- 1 st Congregational church, Game Night
27	28 Aurora: Health & Wellness 4-530pm	29 Elgin-Positive Therapy Group 11-1230		

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SPECIAL EVENT  **Valentine's Day Dance: February 11th, 4-7pm-** call clinic for details *Rides available with advance notice, sponsored by your CAC

MARCH 2012

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2 Aurora Positive Group 4-6 pm
5 Elgin: Health & Wellness 11-1230	6 Aurora: Health & Wellness 4-530pm	7 Elgin-Positive Therapy Group 11-1230	8 Aurora-Women's Group 330-5pm	9 Aurora Positive Group 4-6pm HIV Education Night topic TBD
12	13 Aurora: Health & Wellness 4-530pm	14 Elgin-Positive Therapy Group 11-1230	15	16 At Aurora Clinic: Let's Talk About Sex: Sexuality in Our World, Feeling comfortable in your own skin/Panel (Phyllis Stevens and David Allen). 4-6pm
19 Elgin: Health & Wellness 11-1230	20 Aurora: Health & Wellness 4-530pm	21 Elgin-Positive Therapy Group 11-1230	22 Aurora-Women's Group 330-5pm	23 Elgin & Aurora United Group- 1 st Congregational church-AIDS LEGAL Council-disclosure rights and responsibilities-Moving Towards Action with Educat.
26	27 Aurora: Health & Wellness 4-530pm	28 Elgin-Positive Therapy Group 11-1230	29	30 NO GROUP

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